

DISCOVER THE IKOI SPA MENU

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憩い



SPA MENU

HÔTEL
BALZAC
PARIS

FACIAL TREATMENTS

HOSHIN 放心

distant gaze

Eye & Lip Contour Treatment

1h - 165€

A treatment that combines relaxation and effectiveness, specially designed for the eye and lip contour.

With decongesting and lifting techniques, reduce dark circles and puffiness to reveal a fresh and radiant look.

The delicate skin around the lips is smoothed, strengthened against external aggressions, while wrinkles and fine lines are visibly reduced.

KOBIDÔ 古美道

ancient path of beauty

Kobidô

1h - 165€

Discover the ancient Japanese beauty secret.

This facial massage stimulates blood circulation, firms the skin up and reveals a radiant complexion.

Let yourself be carried away by the precise and demanding movements of our therapists for a deep sense of well-being.

WAKAYAGU 若やぐ

deep beauty, subtle charm

Eternal Time Signature Treatment

90min - 220€

This signature anti-aging treatment provides a true fountain of youth. Combining powerful active ingredients and expert techniques, it targets visible signs of aging for rejuvenated and revitalized skin.

All our treatments are also available in a duo version.

OUR SPA RITUALS

WA 和

balance, peace and cohesion

Harmony Ritual

1h30 - 230€

Escape from daily stress with this harmonious ritual.

Combining the KOMOREBI massage and a radiant facial treatment, it offers you a moment of pure relaxation and regeneration for luminous and revitalized skin.



YASURAGI 安らぎ

serenity and relaxation

Zen Ritual

1h30 - 230€

Release accumulated tensions with a targeted back treatment, followed by KOBIDÔ to revitalize the skin and reveal its natural radiance.



KAIHO 解放

liberation

Detox Ritual

2h30 - 380€

A tailor-made ritual designed to eliminate toxins and purify body and mind. Blending the benefits of SAISEI HADA, TAKE, and HOSHIN, this intensive treatment that awakens all the senses transports you into a bubble of well-being for deep relaxation.

CANCELLATION POLICY

Cancellation 5 hours before treatment time and no-show will be billed in full.

BODY TREATMENTS

SAISEI HADA 再生肌 skin regeneration

Exfoliation and Hydration

60min - 150€

Give your skin a renewal experience.

This invigorating scrub, enriched with linseed extracts and white sand, removes impurities and toxins.

Followed by deep hydration, this treatment offers your skin softness, radiance, and natural luminosity.

TAKE 竹 bamboo

Bamboo treatment

60min - 160€

Experience a true meditative journey.

The rhythmic movements of bamboo improve circulation, release tension, and transport you into a state of deep serenity.

Bamboo, a symbol of strength and peace, brings a unique experience.

SHIATSU 指圧 finger pressure

Face and Body

60min - 180€

Experience this treatment as a true journey.

Inspired by Japanese tradition, this pressure point massage aims to rebalance body energy.

Practiced fully clothed, it acts on specific points to relieve stress, improve circulation, and revitalize body and mind.

KOMOREBI 木漏れ日 sunlight filtering through trees

Signature Deep Tissue Massage 60mn - 180€ | 90min - 240€

Let yourself be enveloped by this deep muscle massage, adapted to each morphology. Thanks to the specially formulated green tea oil for relaxation, this treatment releases muscle tension and offers a feeling of lightness.



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Illustration: engraving created using drypoint by **Caroline Bouyer**